Clinical Research Unit (CRU) Ambulatory and Outpatient Services, NM Central Region

The CRU ambulatory/outpatient clinic is located on Galter 15, with dedicated research nurses providing patient care and carrying out protocol driven activities in a controlled, research focused environment. CRU nurses administer investigational treatments, perform safety monitoring, and collect specimens and data.

GOALS

- Support clinical research teams and increase clinical trials availability in the Central Region.
- Ensure protocol and regulatory compliance.
  - Clinical research nurses are trained and experienced in rigorously following research protocols.
  - Clinical research nurses complete Good Clinical Practice (GCP), research ethics, and protocol training.

AVAILABILITY

- Hours
  - Ambulatory services are available 7:30am-7:00pm, Monday - Friday.
    - Services are not available on NM observed Holidays; see NMI or call the CRU for a list of holidays.
  - CRU CoreLab is available to process specimens received 7:30am-5pm, Monday - Friday.
    - Complex processing (meaning processing that requires a lab technician) may be available outside of these hours; contact us to discuss.
  - Investigational Drug Services (IDS) business hours are Monday-Friday, 8AM – 4:30PM. Contact IDS at NMInvestigationalDrugServices@nm.org for information about the availability of investigational products outside of these hours. For urgent issues and/or off-hours enrollments, page the on-call IDS pharmacist at 1-6557 (or search NMI Web Paging for 'Pharmacist Investigational, Pharmacy).
- Scheduling
  - At least 2 business days' notice is recommended and 24 business hours' notice is required to schedule visits
  - At least 72 hours' notice is strongly encouraged for ALL visits
    - For the first patient on study, 72 hours' notice is required.
  - Contact CRUSCHEDULE@nm.org or call 312-926-4452 to confirm the desired appointment time is available before submitting a registration form.
  - It is rare that requests for same day scheduling can be accommodated.
  - We will accommodate schedule changes to the best of our ability, but may not always be able to.

BEST PRACTICES FOR STUDY TEAMS

- When submitting your study to CRU:
  - Specify which study activities are expected to occur outside of the business hours noted.
  - Indicate anticipated frequency of occurrence outside of CRU business hours for each activity, and how much notice will be provided when scheduling.
- Study activities to highlight at or prior to initial submission include, but are not limited to:
  - Medication administration,
  - Safety monitoring, labs, VS, EKGs, etc.,
  - Post medication administration observation for adverse effects,
  - Specimen collection and processing.
  - Any complex, novel, and/or serial protocol driven activities.
- To discuss preparations for a new study or revisions to an established one: CRUCRNC@nm.org.
- If your study is particularly complex or novel, please request a pre-submission feasibility consult.